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Celebrity Buzz

Madonna love letters up for sale

pg 14



The world's largest global newspaper

metro

OTTAWA • WEDNESDAY, JULY 29, 2009

metro

Comment pg 5

'Protest pens' expose 2010 organizers' paranoia



Robbers make off with LCBO trailer

CRIME Ottawa police are investigating a kidnapping and theft of a tractor-trailer after a driver was accosted in his vehicle early yesterday morning.

Police said shortly after midnight, a driver was accosted in his tractor-trailer while in the parking lot of the LCBO near Bank Street and Walkley Road.

The truck contained products for the LCBO, said Sgt. Michael Haarbosch with the Ottawa police robbery unit.

Police said two males restrained the driver and later left the parking lot with the driver in the tractor-trailer.

The driver was later found uninjured in the area of Vaudreuil, Que., along with the tractor.

The trailer has yet to be located.

Police did not release a description of the suspects.

TRACEY TONG/METRO OTTAWA

Automotive pg 9



The Taurus reimagined

Business pg 6

Oil merger layoffs coming



The family of homicide victim Kenneth Dabene hold his photo outside the Ottawa courthouse, where a man accused in his death appeared yesterday. Clockwise from top right are: Dabene's partner Rose Doiron, his daughters Laura Dabene and Tina Lapensee, his son Devin Dabene, his granddaughter Lily and his daughter-in-law Debbi Burns.

Family left to wonder

Death of 'Papa Bear' difficult for relatives to understand

TRACEY TONG
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Still reeling from the death of their father and longtime partner Kenneth Dabene earlier this week, the 52-year-old Ottawa man's family arrived at the courthouse yesterday to see the face of the man accused in his death.

"I wanted to see his face," Dabene's daughter Tina Lapensee said tearfully.

It's been a tough time for the family. Claude Doiron,

the brother of Dabene's partner, was also killed in a recent motorcycle collision.

"It's been really, really difficult," said Dabene's longtime partner Rose Doiron. "You get so drained, you don't know if you've got anything left."

Dressed in an orange jumpsuit, a bearded Gus Tavares, 47, appeared by video remand at the Ottawa courthouse yesterday. The judge adjourned the matter to next week.

Also at the courthouse was Dabene's son Devin,

his wife Debbi and their daughter Lily, and Dabene's daughter Laura, whom he lived with.

"It hasn't sunk in that he's gone," said Laura Dabene. "I still can't go home."

The family remembered the man they called "Papa Bear" as a hard worker. He was "a jack of all trades," Laura said about her father, who worked in the restaurant business and in recycling, loved to draw and was very quiet.

Dabene was found beaten

close to the Ottawa River near the Prince of Wales Bridge on the evening of July 18.

Tavares was originally charged with attempted murder, but the charge was changed to second-degree murder Monday after Dabene's death. This is Ottawa's fourth homicide of the year.

Right now, the family can't understand what the circumstances were surrounding his death.

"It's a mystery," Doiron said.

Ottawa River search turns up nothing

TIM WIECLAWSKI
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RESCUE It could have been fireworks, or a flare set off late at night, but after nearly 14 hours spent searching the water, rescue crews have determined there is nothing to be found in the Ottawa River.

Around 10 p.m. on Monday night, police on both sides of the river received reports of a loud boom and lights hitting the water near the Deschenes Rapids close to the Britannia Yacht Club.

Ottawa Police Const. Alain Boucher said the description from numerous witnesses lead police to believe that some object, possibly a small aircraft, had crashed into the water.

Police contacted airfields in the region, but none were reporting missing aircraft, and no missing persons had been reported.

Yesterday afternoon, search crews using sonar and underwater cameras came across an object around 30 feet underwater, but the size and shape did not match the fuselage of a plane or helicopter, said Boucher.

"We've concluded that there is nothing in the river for us to find in terms of an airplane or a helicopter or something that went down last night," said Boucher.

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Ottawa paramedics treated four elderly patients after a natural gas leak occurred on Riverdale Avenue in the city's south end yesterday. Police evacuated a seniors' residence and closed several roads during the investigation. **METRO OTTAWA**

Local



Nine arrested in prostitution sweep

A two-day prostitution sweep by Ottawa police in Vanier and Lowertown earlier this week has resulted in nine arrests. Police said yesterday that in an ongoing effort to deal with community-identified prostitution and prostitution-related problems, they conducted a prostitution sweep Monday and Tuesday. Of the nine arrested, four were johns, five were females. **METRO OTTAWA**

Call of the carnival

Passion turns into career for Lune Bleue founder

TRACEY TONG

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Few experiences stay with us like the ones we experience in childhood.

But for Wayne Van De Graaff, a lifelong passion became a calling — and a second career.

Five years ago — with a lifelong interest in old-time carnivals — the Kars resident bought a 1938 carousel with the original wooden horses, and tracked down a Ferris wheel from 1917 — the oldest one in North America — at a barn in Thunder Bay. He contacted a company that services Cirque du soleil's big tops and bought an original tent.

He reached out to industry experts, who became his

advisers and artistic directors. Carnivale Lune Bleue was born.

"Last year, I realized this was going to be a full-time occupation," said Van De Graaff, who



was the Van De Graaff president of his own international human resources and tax firm. "So I sold my practice."

Van De Graaff was raised in 1960s Utah — a "parochial" place where fads that swept North America skipped over. What were popular were the old 1930s-era carnivals.

"I was always fascinated with the era," said Van De Graaff, now 50. "When car-

nivals really became popular was during the Depression in the 1930s when people would go to experience the food and the entertainment and the exhibits."

Shows including Cirque Maroc, Carnival Diablo, the Great Snakes of the World and the Congress of Wonders transport you back to that time, Van De Graaff said.

So far, Van De Graaff is pleased with the way the second annual event is going and said the rain has had little effect on attendance at Hog's Back Park.

Next year, he plans to tour in two cities in Quebec as well as Ottawa.

"Carnivale Lune Bleue is a world unto itself — it allows you to forget everything else," said Van De Graaff.



Triathlete Leslie Moreland is raising money and awareness for WaterCan at this weekend's National Capital Triathlon.

Athletes rally for causes

AWARENESS Leslie Moreland has always been active.

A former competitive swimmer, the 26-year-old joined a triathlon club "for the social aspect" when she moved to Ottawa last October to work as a program officer for WaterCan.

This weekend, she's found a way to combine her two passions — sport and bringing clean water to African countries — at the National Capital Triathlon.

On Saturday, Moreland will compete in her first Olympic distance triathlon — a 1500-metre swim, 40-kilometre cycle and a 10-kilometre run — in support of clean water, improved sanitation and health education in east Africa.

So far, she's raised \$1,400, which will give over 50 people access to clean water, improved sanitation and

Safety equipment

• On behalf of the five cyclists seriously hurt last week while training, organizers will be accepting cycling-related safety equipment for the Ottawa Boys and Girls Club at the event site.

health and hygiene for life. "I know of a lot of people who use athletics to raise money for different causes," she said. "It's a great way to raise funds and to get people rallied around a cause."

Julie Hakim will be participating in the same race in honour of her five training partners, who were seriously injured after being struck by a vehicle on March Road last week. She will wear racing bibs numbered 1 to 5 and No. 6 for herself.

TRACEY TONG/METRO OTTAWA

Police seek man in alleged assault at Strathcona

INVESTIGATION Ottawa police are investigating an assault that they say occurred Sunday evening at Strathcona Park.

At 9:30 p.m., a 20-year-old woman was walking on the east side of Range Road when an unknown male grabbed her from behind and threw her to the ground. The male fled when the woman fought back.

Police are seeking a white male between 25 and 35 years old.

METRO OTTAWA



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What's online today.

Video Police release an interrogation tape of the teenaged girl convicted of killing Stefanie Rengel at metronews.ca/canada

Blogs Backbeat gets nostalgic for the days of great album cover art

Video Canadian astronaut Julie Payette says goodbye to space station and begins trip back to Earth at metro

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These results are not official.



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The number of Canadians getting regular employment insurance benefits in May reached 778,700, Statistics Canada said yesterday, CBC News Online reports. **METRO NEWS SERVICES**

3

Canada

Newspaper issues act of contrition

Missing host story prompts apology to Harper

The saga of the missing holy host now has a sequel — a confession.

A New Brunswick newspaper has issued a contrite apology to Stephen Harper for a story that suggested the Prime Minister slipped a Communion host in his pocket during a Catholic funeral mass.

The July 8 story — later denounced by Harper as a “low point” in Canadian journalism — sparked criticism that the prime minister had disrespected the Catholic faith.

However, the Telegraph-Journal, based in Saint John, yesterday disavowed the tale, saying it “sincerely apologizes to the Prime Minister for the harm that this inaccurate story has caused.”

Religious controversy

• The fuss started July 3 when Harper attended a state funeral for former governor general Romeo LeBlanc in Memramcook, N.B. During mass, Harper received a sacramental communion wafer, in contravention of church practices for non-

Catholics, and then appeared not to consume it, according to a video of the service.

• In its July 8 story, the Telegraph-Journal quoted a Roman Catholic priest who demanded that Harper explain what he had done with the communion wafer.

In a rare front-page apology, the newspaper said the story “should not have been published.”

“We pride ourselves in maintaining high standards of journalism and ethical reporting, and regret this was not followed in this case,” the newspaper said.

And in a curious move, the newspaper also apolo-

gized to the two reporters who wrote the story, exonerating them from any blame in the funeral furor.

With the apology came a shake-up. The paper confirmed late yesterday that editor Shawna Richer and publisher James Irving, a scion of the Irving family empire, were “no longer serving in those capacities.” **TORSTAR NEWS SERVICE**

Edmonton Art on the fringe



Zombie Brent Felzien was out at the TransAlta Arts Barn in Edmonton yesterday to help promote the upcoming International Fringe Festival which takes place August 13 to 23 in that city.

Ponzi scheme suspect free on bail

COURTS Earl Jones, accused of defrauding up to 200 investors of between \$30- and \$50-million in what Quebec's financial securities regulator believes was an intricate Ponzi scheme, spent just one night in jail, and is today free on bail after appearing in a Montreal court yesterday.

Christiane Jackson on the other hand, feels imprisoned by the circumstances that have fallen on her like a hailstorm.

Most pressing for Jackson, one of Jones' clients, is the need to pack up her house, which she is being forced to sell because she can no longer afford the mortgage payments, thanks, she alleges, to Jones.

“This man raped our confidence in humanity,” she said.

“He stole our money and was getting away with it. We have been scrambling to figure out what are we going to do next,” the 66-year-old Jackson said.

TORSTAR NEWS SERVICE

News in brief

STAFF Kory Teneyck is stepping down as Prime Minister Stephen Harper's director of communications after a tenure marked by a federal election, and a showdown be-

tween the Conservatives and the opposition. “It's a great experience, a great job,” said Teneyck, 35. “I'm looking forward to doing something else.”

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TORSTAR NEWS SERVICE

Thai health officials said yesterday that a baby had been born in Thailand with influenza A (H1N1), also known as swine flu, having contracted the virus while still in the womb. The mother is very ill in hospital. **REUTERS**

World



Iranian detention centre closed

Supreme Leader Ayatollah Ali Khamenei, left, has ordered the closure of the Kahrizak detention centre where detainees are believed to have been held since Iran's disputed presidential election. Lawmaker Kazem Jalali said 140 detainees were released from Evin prison after members of a parliamentary committee visited the prison yesterday, the ISNA news agency reported. Rights groups say hundreds of people have been detained since the election. **REUTERS**

79 missing in shipwreck

SEARCH Up to 79 Haitian migrants were missing and more than 120 were rescued after their wooden boat hit a reef and sank off the Turks and Caicos Islands, local police and the U.S. Coast Guard said yesterday.

The Coast Guard said nine bodies had been located so far in the waters off West Caicos, a sparsely inhabited island in the

British territory, following the shipwreck.

Turks and Caicos police spokesman, Sgt. Calvin Chase, told Reuters the ship was bound for the United States when it sank late Sunday.

It was unclear how many people were on board the vessel, but estimates given earlier by the Coast Guard ranged from 160 to 200. **REUTERS**

Brainwashed boys rescued

Pakistan recovers 9 youths trained to be suicide bombers

Pakistani security forces fighting Taliban militants in and around the Swat Valley have rescued nearly a dozen boys brainwashed into becoming suicide bombers, according to officials.

A senior security officer in North West Frontier Province said nine boys were found during raids, while two more had voluntarily surrendered, and an army commander in Swat spoke of more being handed over by their families. "They have been brain-

Deadly attack

• Yesterday, a suicide bomber rammed his car into a security checkpoint in North Waziris-

tan's tribal region in Pakistan, killing one soldier and wounding two, officials said.

washed in such a way that they even call their parents infidels," Bashir Bilour, senior minister in the provincial government, told Reuters.

Bilour said the boys were shown films about oppression of Muslims in the Palestinian Territories and

Indian-held Kashmir, and were given purported religious instructions to convince them that they would go to heaven if they killed enemies of Islam.

Brig. Tahir Hameed, an officer leading military operations in Mingora, Swat's main town, said the Tal-

iban had forced many families to let them take their boys.

He said some had since returned to their parents, who in turn handed them over to the authorities because of their brainwashed state. The government was working out how to rehabilitate the boys, aged between nine and 18.

The Taliban has regularly claimed responsibility for suicide attacks carried out by boys both in Pakistan and Afghanistan. **REUTERS**

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News in brief

JACKSON Las Vegas police searched the home of Dr. Conrad Murray, Michael Jackson's personal doctor, yesterday as the probe into the star's sudden death increasingly appeared to focus on

whether the physician gave him drugs before he died. A U.S. Drug Enforcement Agency spokesman declined to say specifically what agents were looking for, but numerous media reports

have said that the probe into the cause of the singer's sudden death on June 25 has focused on Jackson's use of the powerful anesthetic propofol to sleep.

HONDURAS The United States

revoked diplomatic visas of four members of Honduras' de facto government yesterday, trying to force it to back down and allow the return to power of ousted President Manuel Zelaya. **REUTERS**

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Comment

How can you sequester free speech?

TheWestView

Paul
Sullivan

metronews.ca/thewestview

I'm not sure if it's safe to ask, but I have a question. It's directed at "they," that bunch in charge of Vancouver's 2010 Winter Olympics.

Don't get me wrong. I love watching skaters whiz by, blades flashing across

the ice, in pursuit of the puck, a world record or a triple Axel.

Basically, I'm happy the world's greatest winter athletes will assemble here in Vancouver in approximately 200 days.

But if I was a sworn critic of the Games — and there are plenty — I'd have legitimate cause to protest. These Games are a mixed blessing: They cost at least \$6 billion when all levels of government are pressed to pay for basics like health care, and they require immense patience from We

The Rabble, as we are endlessly rerouted and otherwise inconvenienced in preparation for the events, which come and go over a mere two weeks.

Anyway, here's the question: Why do we need "free-speech zones" at the 2010 Games? Because that's what we're getting — areas set aside, close to event sites and the media centre, where lawful protest can take place.

I thought all of Canada was a "free-speech zone," as in: "Freedom of thought, belief, opinion and expres-

sion, including freedom of the press and other media of communication; freedom of peaceful assembly; and freedom of association." (*Canadian Charter of Rights and Freedoms*)

So why is Vancouver Olympic Committee's 2010 Integrated Security Unit (ISU) containing these fundamental freedoms into what the wags around here call "protest pens?"

What are they afraid of? And how will protest pens contain that threat, whatever it is?

If we have the right to

free peaceful assembly, we should have that right in any public place — too bad if it's in full view of TV cameras ready to beam that discontent around the world.

More and more, the real dark side of the 2010 Games is the atmosphere of fear and paranoia coming out of the Games' ISU, which seems compelled to act like the KGB, pulling over Olympic protesters demanding to see their "documents," spying on protesters, installing omnipresent surveillance cameras and

building these ridiculous protest pens, which will only serve to motivate protesters in full view of the world.

This is Vancouver, not Beijing, the birthplace of the protest pen.

There, question asked. I hope "they" are willing to cough up an honest answer and not just get it into their heads to pull me over for, um, further questioning.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: What would make you give up your car to walk, bike or take public transportation to work?

Ryan
Bonacci

age 25, Ottawa

A: My work is involved in the EcoPass program anyway, so I take advantage of that because public transit is much better for the environment.

Rebecca
Blakey

age 20, Ottawa

A: I wouldn't drive a car — I bike. It's better for you physically and better for the environment.

Michel
Lucas

age 47, Ottawa

A: In order to give up my car, I would need a lot more time in my life now than I have now.

Jessica
Russel

age 27, North Vancouver

A: If a chauffeur picked me up and drove me to work I'd be willing to give up my car.

Ian
Chen

age 24, Toronto

A: If they could make (transit) more reliable, less crowded, more time efficient ... Yeah, I'd take (transit).

Andrea
Schmidt

age 21, Edmonton

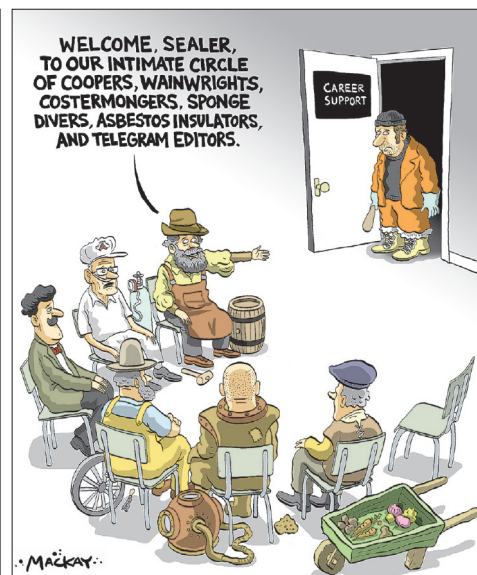
A: Better bus routes, if they came more regularly, that would be helpful. Also better bike lanes.



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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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U.S. Steel Corp, which owns former Stelco steel plants across Canada, reported its second consecutive quarterly loss yesterday and said it expected all of its business sectors to operate in the red in the third quarter. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

DOLLAR

US **92.33¢**

US **0.17¢**

Oil merger to bring layoffs

Petro-Canada and Suncor Energy Inc. began notifying executives yesterday that they will be laid off following the companies' \$22.5 billion merger next month.

The companies have started to tell some senior employees they will not be part of the combined firm once Suncor completes its acquisition of Petro-Canada, a deal expected to close on Aug. 1. The number of cuts won't be made public until the deal is final.

"We have started the selection process but it is subject to the merger closing," said Victoria Barrington, a spokeswoman for Petro-Canada. "We do not know the total number of employees that will be de-

Top posts chosen

• In April, Suncor detailed who will have the top posts in the new company, with most of those roles, including chief executive, chief financial officer and chief operating officer, being filled by Suncor staff.

parting the organization."

The merged company will be Canada's largest oil exploration and production firm. Along with a dominant position in northern Alberta, the company will have extensive offshore production from Canada's East Coast and the North Sea, as well as a substantial natural-gas production business. **REUTERS**

GM, Chrysler exec pay still secret despite government investment

AUTO Canadians have invested more than \$14 billion to save General Motors and Chrysler and now own a part of both companies but salaries for their top executives here remain a secret.

Spokespersons for the two ailing automakers say they are private companies and won't reveal compensation packages for officials such as president Arturo Elias of GM of Canada Ltd. and chief executive

Reid Bigland of Chrysler.

Recent restructurings and public aid packages that saved the auto giants left the federal and Ontario governments with 11.7 per cent of GM, after loaning \$10.5 billion, and two per cent of Chrysler after contributing \$3.8 billion.

Experts say that while the automakers are privately owned, governments and taxpayers have a right to know more information. **TORSTAR NEWS SERVICE**

Business in brief

NORTEAL DEAL The \$1.13 billion sale of Nortel Networks' prized wireless assets to Swedish telecoms equipment maker Ericsson received the blessing of Canadian and U.S. courts yesterday. It remained unclear whether the Canadian government will intervene in the deal

now that courts have allowed it to go ahead.

TELECOM Rogers Communications slashed its full-year revenue outlook yesterday and said wireless subscribers were cutting spending due to the recession, sending its shares down 5.5 per cent. **REUTERS**



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Simpsons to take up curling

Curling will be getting some prime-time exposure just prior to next year's Winter Olympics in Vancouver as Homer and Marge Simpson take up one of Canada's favourite sports. An episode of the long-running comedy *The Simpsons* featuring the cartoon power couple playing the game is scheduled to run in early February. **METRO NEWS SERVICES**

7

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



F1 legend considers return

Michael Schumacher, left, the former Ferrari driver who holds nearly every record in Formula One, would consider coming out of retirement if Ferrari asked the seven-time champion to drive for the injured Felipe Massa, his spokeswoman said yesterday. "If Ferrari approaches Michael, he would think about it," Sabine Kehm told German news agency DPA, adding that it is up to Ferrari to make the first move. **METRO NEWS SERVICES**

Must-win for TFC

Puerto Rico visit BMO Field in Champions League opener

It's Called Football

Ben Rycroft

metronews.ca/itscalledfootball

As Toronto FC embarks on its bid for the glory of the CONCACAF Champions

League tonight, it's become apparent that anything besides an outright win by the Reds at BMO Field will be considered a loss.

TFC knows this. Their opponent, the Puerto Rico Islanders, know this. And that's why you can expect the Islanders to come out and play a bland, boring brand of soccer — the same kind the tiny USL-1 squad rode from its beaches to the semifinals of last year's Champions League.

In this home-and-home series, the Islanders represent a serious threat to Toronto's intentions to move on.

TFC, for all the advances to its attack this season (Pablo Vitti, Ali Gerba, Dwayne De Rosario), is still a squad that is remarkably awkward in its back four.

The counter-attacking goal by Columbus in extra



Toronto FC players are seen running drills during practice at BMO field. TFC will play host to the Puerto Rico Islanders tonight as they open play in the CONCACAF Champions League.

It's Called Football sets up TFC's match with the Puerto Rico Islanders at: metronews.ca/blogs

time last weekend caught Toronto exposed, going balls out on the attack, and turned what would have been a solid road point into a disappointing loss.

This is exactly the kind of goal Puerto Rico is capable of scoring. They sit and wait and counter when the opportunity presents itself — then return to their bunkering style, hoping to drag opponents back to the island, down a point and now forced to contend with the stifling heat and humidity.

Puerto Rico didn't defeat

the giants of North American football in 2008 by pretending to be something they're not, but they did find a system that works in a home-and-home format. And when a team comes in determined to not play for the win, all the pressure falls to the other squad to perform.

Toronto coach Chris Cummins has won fans this year for his vision to find and adjust formations that break down opponents. Finding one that can bust that bunker without leaving them exposed at the back will be a true test for the coach.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

Sports in brief

BASEBALL Chicago White Sox ace Mark Buehrle set a major league record by retiring his 42nd straight batter last night against the Minnesota Twins.

GOLF General Motors Co. will

end its run as sponsor of the Buick Open golf tournament as it focuses marketing dollars on its cars and trucks.

FOOTBALL Jim Johnson, whose attacking defences helped the Philadelphia Eagles to one Su-

per Bowl appearance and five NFC title games, has died. He was 68. Johnson had taken a leave of absence from the team in May as he battled a cancerous tumour on his spine. **METRO NEWS SERVICES**

Favre tells Vikings he plans to stay retired

FOOTBALL Brett Favre called Brad Childress yesterday and informed the Minnesota Vikings head coach that he will remain retired.

"It was a rare and unique opportunity to consider adding not only a future

Hall-of-Fame quarterback, but one that is very familiar with our system and division," Childress said.

According to a report by the Minneapolis Star Tribune, Favre, who turns 40 in October, was not ready

physically or mentally for another gruelling NFL season.

Sage Rosenfels and Tarvaris Jackson will now battle for the starting quarterback position for the Vikings. **METRO NEWS SERVICES**

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In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Durham on the rise

Oshawa, Ont.'s Durham College is reporting a 5.28 per cent increase in applications to the school for fall studies over this time last year. Preliminary figures indicated 4.86 per cent in the number of students confirming Durham as their first choice. The college expects overall enrolment to rise to approximately 6,600 students, along with an estimated 1,600 apprenticeship students, for the 2009-10 school year. METRO NEWS SERVICES

Costume maker or mad scientist?

Backstage Pass

RAFAEL BRUSILOV
for Metro Canada

Turning garbage into glorious gowns and scraps into showy skirts is what Doris Haidner-Seif does best, always with a hint of stagecraft added.

As Head of Wardrobe in York University's Theatre Department in Toronto, Haidner-Seif has spent half her life teaching students how to take everyday clothes and turn them into visually arresting costumes worthy of a great performance.

If swirling dye vats, revving tools and ominous-sounding "respirators" seem like something you'd rather find in a factory than a studio, that's because Haidner-Seif's production space at York resembles a lair of mad science.

Coloured spools hang from a wall mount above industrial sewing machines and shelves filled with vibrant fabrics flank rows of work tables. Overhead, powerful lamps hang suspended like latticework, suggesting a place of intense concentration and creativity.

The 49-year-old instructor and creative designer has built costumes for performance houses like the



Doris Haidner-Seif is head of wardrobe at York University.

Canadian Stage Company and the Theatre Francais in Toronto and says the key to making great costumes is to see beyond the ordinary and let a garment re-

veal itself from its humble roots.

"It's just clothing until it becomes a costume. You need to leave yourself wide open and let the thing cre-

ate itself," she said.

Since 1985, Haidner-Seif has taught wardrobe design and managed York's Costume Shop where students get to make every single costume or wardrobe accessory used in the school's many student performance productions.

Haidner-Seif teaches students to draft patterns, take measurements correctly, cut fabric, plan their designs and think outside the box — a piece of scarf can become the trim on a luxurious dress or the tail of a stuffed toy can become a collar, for example.

With extremely limited budgets, imagination becomes a precious commodity as student designers

have to visualize an impressive finished product matched together piecemeal from a pile of dreary old clothes and scraps of material.

Haidner-Seif feels it's a beneficial rite of passage for students to learn to stretch a small budget by thinking creatively, especially since it prepares them for the realities of actual theatre production.

"You need to be able to see the potential in a piece of garbage. When you have nothing, you're forced to be inventive," she said.

For more of the Backstage Pass exclusive series check Workology frequently or stop by: metronews.ca/work

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From Hollywood and Spielberg to SafeStart

CHRIS ATCHISON
for Metro Canada

Larry Wilson would be the first to admit that his career path is far from typical — he might even call it downright extraordinary.

Wilson, vice-president of Belleville, Ont.-based safety training firm Electrolab Training Systems Limited, spends much of his time touring the world, espousing the virtues of simple concentration techniques to avoid injuries both at work and at home. But in

the 1980s, the father of four was better known for gracing the covers of international magazines such as Gentleman's Quarterly, posing for Italian fashion designer Valentino and making the occasional appearance on daytime soap The Young and the Restless.

So, what would prompt a young man in his late-twenties, with matinee idol looks and a highly-successful career, to turn his back on quasi-celebrity status to become a safety guru?

"I still have long talks with myself about why we

had to leave L.A.," Wilson deadpans from his part-time base in Whistler, B.C. "Was it really that bad? Just because it was shallow and vacuous?"

Indeed, Wilson lived the high life, hobnobbing with the likes of pop-art icon Andy Warhol, mingling with film and TV royalty, and earning upwards of \$1,000 per day for his acting and modelling efforts. The 52-year-old recalls his most memorable audition, with Jaws director Steven Spielberg.

"He flips me this hat,"

Wilson remembers, "takes out a Nikon, puts me up against a wall and shoots a half a roll of film. The guy knew what he was doing." The baby-faced actor had the good looks, but lacked the facial maturity Spielberg sought. Much to Wilson's chagrin, the role of Indiana Jones went to Harrison Ford, instead.

It was around this time that he began to tire of L.A.'s decadent scene. Wilson continued modelling for a few years before returning to Belleville at age 29 to put his charismatic

talents to work for his father's firm, Electrolab, where he began teaching safety strategies to veteran factory workers.

By winning workers' trust and sharing stories, he discovered how they were really injuring themselves on the job. Injuries, he observed, were caused by people who were rushing, frustrated, fatigued or complacent. Over the course of several years he drew on those experiences and designed a new system for injury prevention called SafeStart. The result? According to

Wilson, companies that employ the program reduce workplace injuries by an average of 60-90 per cent over two years.

Electrolab now boasts annual revenue of \$20 million — 70 per cent of which is derived from Safe Start seminars — and the program has been expanded to include a kids' element to help tots avoid unnecessary accidents.

"No one, no matter their attitude, is ever trying to get hurt and this is one area where I make a difference."

Smoother turns

Nissan has developed a new system, called Navigation-Cooperative Intelligent Pedal, that helps drivers make smooth turns by synchronizing the vehicle's navigation, engine, braking and steering systems. **METRO NEWS SERVICES**

Metro Drive



Car for the blind

Virginia Tech undergrads in the U.S. have remodelled an all-terrain buggy to create a car the blind can drive. The semi-autonomous vehicle uses a laser range finder, voice software and other sensory technology to steer itself. **METRO NEWS SERVICES**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONWS.CA

2010 Taurus takes charge

JIM ROBINSON
for Metro Canada



The first generation Taurus (including the Mercury Sable) was one of the most popular cars Ford ever produced. Coupled with the simple, but reliable, Ford Tempo / Mercury Topaz, Ford's coffers swelled and they went on a buying spree gobbling up Volvo, Jaguar, Aston Martin and much of Mazda.

Then things went pear shaped. There are many theories of what went wrong in Dearborn but Carlos Ghosn, the miracle

worker who turned Nissan around, has said there is no such thing as good management and bad results, which pretty well sums up where Ford was at the turn of this century.

More recently, the economic and domestic car meltdown has since separated the wheat from the chaff. That Ford did not put its hand out for government aid was reassuring to a lot of consumers who have now changed their minds about Ford.

At the press introduction of the 2010 Taurus lineup, Ford used the phrase "the car that changed America's view



The 2010 Taurus is the new Ford flagship.

of sedans" to describe it. And that's what Ford is hoping will happen again with its full-size flagship sedan.

The core message at the press launch in North Carolina was the Taurus offers more but costs less than its competitors. In fact the base 2010 Taurus SE at

\$29,999 is \$2,000 less than its own 2009 SE.

Ford also made a big thing at the preview about Taurus having more technology features (10 of them class exclusive) than premium luxury cars they benchmarked like the Audi A6 and Lexus ES350.

Some of these are Adaptive Cruise Control and Collision Warning with Brake Support, BLIS (Blind Spot Information System) with Cross Traffic Alert, MyKey and SecuriCode with its Keyless Entry Keypad.

Power is a 3.5-litre DOHC V6 producing 263 hp and

2010 Ford Taurus

Type: Full-size sedan

Price: from \$29,999

Engine: 3.5-litre, DOHC V6 (263 hp, 249 lb/ft).

Fuel Economy: FWD, 11.6/7.2L/100 km city/highway; AWD, 12.3/7.9L/100 km city/highway

Highlights

- Costs less than 2009 model
- Comfortable ride
- Impressive tech features

249 lb/ft of torque on regular gasoline. There is a twin-turbo EcoBoost version of the 3.5-litre producing 365 hp and 350 lb/ft of torque but it is only available on the Taurus SHO featured separately on these pages.

Out on the highway, the big Taurus was where it was meant to be, clicking off mile after mile in sixth.

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Eat, drink, be merry and wary on the road

AutoPilot

Michael Goetz

metronews.ca/autopilot

We're now deep into the so-called dog days of summer. Not to totally burn you out, but I do want to remind you that Statis-

tics Canada reports that deaths by motor vehicle accidents (MVA) spike during warmer weather.

Its 2000-2004 study revealed about eight Canadians died each day in MVAs. Deaths peaked in August 2004, with an average of more than 10 fatalities each day. Some of the causes of accidents seem mostly evil, like drinking and driving, speeding, recklessness, etc. But lots of other causes are less evil and even somewhat comical.

The CAA says, and I

quote, "Far too many accidents have been caused by people trying to avoid getting crumbs or mustard on their pants ... Many more accidents have been caused because a lid popped off a drink or was spilled on a driver's lap." The automakers spend all this time and effort giving us air bags and ABS brakes when all we need are aprons.

Also high on CAA's list of leading causes of accidents is the distraction caused by trying to find and insert CDs and/or or changing ra-

dio stations. The CAA advises to insert a CD before you head out, have several mixed CDs at the ready for longer trips, and/or delegate DJ duties to passengers.

Distraction by any means is becoming a real mover and shaker in the world of car accidents. That's why cellphone use is under such scrutiny.

Researchers have also noticed that on high-speed routes in Europe there is not a corresponding increase in accidents and/or an actual decrease in acci-

dents. They figure these drivers are more engaged and therefore less prone to distraction. Keep that in mind during boring stretches of highway. Keep engaged and alert. Maybe wear a NASCAR cap and pretend you're Tony Stewart.

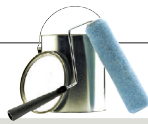
I was surprised that "tiredness" was not on the CAA's list of 10 leading causes of car accidents, because driving off the highway is never a small incident.

I love comedian Ray Romano's take on how easily we recover after we've just

realized that we actually drove with closed, sleepy eyes for a nanosecond or two. We almost got killed, but we just drive on like nothing happened. He said it would be like noticing you've just missed a stray bullet in your bed, then rolling over and going back to sleep.

Anyway, keep thinking good thoughts and have a safe summer of driving.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.



Boomerang recycled paints are about \$15 for a 3.78 litre can of paint — about half the price of normal paints. These earth and budget-friendly paints come in 16 colours of latex, four oil-based paints and six stains. HGTV.CA

Reno Rebate

Update it

You can cover rust spots and give new life to an old refrigerator by painting it. To get started, clean the exterior surface of the fridge, and then lightly sand the surface. HGTV.CA

Illusion of space key for condos

TRACEY TONG
tracy.tong@metronews.ca

There are many reasons people choose condos over single-family homes, including location, price, ease of maintenance and consideration for the environment. Wanting to be crammed into a tiny space is not one of them.

Citadel Renovations owner Rob Wright sees the result of that trend. The award-winning Stittsville-based company gets calls from people wanting to re-vamp small spaces.



Wardrobes are a great way to organize space, as many condos don't have large closets.

"A lot of old apartment buildings have been converted into condos," said Wright. "They're 20-, 30-

years-old and the layout sucks ... they're 500, 600, 700 square feet, and that's not a lot of space," he said.

Depending on the condo, you're restricted to what you can do, Wright said.

"You can't change the windows to make them bigger, but you can change finishes and paint colours.

If you've got dark colours, go to a paler colour."

The configuration of walls can also be changed to give the illusion of more space. Many walls in condos are non-load bearing, and can be easily taken out, said Wright.

"If you want to punch a hole in it for a pass through, it's easy to do,"

he said.

While the Home Renovation Tax Credit is a bonus for many people, it doesn't make or break a decision to do a renovation, Wright said.

"A big trend right now is making rooms multipurpose," said Stephen MacNeil, president of Ottawa's Stay Organized, which specializes in custom-fitted furniture. "One room can have four or five different uses."

Wardrobes are great ways to organize things, because many condos "hardly have any closets," said MacNeil.

For the bedroom, condo owners can get a Murphy Bed, and closets and bookshelves installed behind the beds, said MacNeil.

Another option is to put

About the HRTC

The Home Renovation Tax Credit of up to \$1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.

the Murphy Bed in the closet, he said. There are ways to store everything, said MacNeil.

"We end up storing everything from golf clubs to rollerblades to hockey equipment in ways you don't even notice," he said.

"If you have a small space, you don't want a bunch of doodads hanging around because they can cause clutter," said Wright.

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Quality and timelessness are found in structures built with brick and stone. But after years in this harsh Canadian climate, masonry needs a little refurbishing due to weathering.

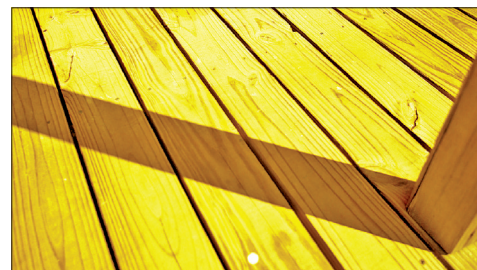
Forgetting ventilation a common mistake: Experts

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

The biggest mistake people make when doing their own renovations is not dealing with humidity in their house, according to local home improvement expert Ren Molnar.

"You can not over-ventilate as long as you protect the structure from the elements," said Molnar, who is the co-host of Canada's top do-it-yourself radio show called Ren-o-vations Cross Canada.

A humid house leads to all kinds of mould and mildew in the basement and attic. On the roof, shingles start to bubble



If you're staining or painting your deck, it's important to wait until the wood is dry before starting. Otherwise, the paint will peel.

and deteriorate.

Even when painting, he said the surfaces must be dry and clean before applying anything.

Molnar said it looks really "weird" when decks are

stained when the wood was still wet. If there is moisture on the walls, the paint will start to peel within a couple of years.

Stonemason and bricklayer Mitch Bougard said



An example of peeling paint

he frequently sees houses where the residents have filled in holes and cracks in the masonry with caulking instead of chipping out the old cement and refilling it with mortar.

"If caulking were good, we would have laid the bricks in caulking," he said.

He said people also tend block up the "weeping holes," which are placed intermittently at the bottom first row of brick to let moisture escape from the back of the wall.

Without those holes, the humidity builds and the masonry eventually falls off. Whatever the work, Bob Rheume, part-owner of Tiles for Less, said people have to make sure that even the stuff people don't see is done right.

In his experience, people will purchase great looking tiles then try to save money on the sub-flooring, only to have the tiles crack later on.

"It's never the tile that's the problem, it's the installation," he said.

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How low will they go?

Irish airline Ryanair sees no end to the constant lowering of its fares and no need to acquire any rivals to continue to grow, Deputy Chief Executive Michael Cawley has said. "We still have only 10 per cent of total market in Europe so there's plenty of scope for us to reduce fares to stimulate that growth." **REUTERS**

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Travel

TRAVELDESK@METRONEWS.CA



Poolside reservations

German tourists can now reserve their poolside recliners before they have even left home. The German arm of travel company Thomas Cook has been deluged with inquiries since announcing that holidaymakers at nine hotels in Turkey, Egypt and the Canary Islands can book recliners in advance for a fee. Germans are famous around Europe for rising early to reserve recliners near the pool with their towels, and then going back to bed or eating a lengthy breakfast. **REUTERS**

A taste of London's museums

The city's gallery fare is now decidedly less institutional

EMMA E. FORREST
Metro World News

Traditionally, having a bite to eat in a London museum never meant anything more sophisticated than an expensive cheese sandwich or a wedge of sponge cake.

However, the restaurants in the city's cultural storehouses are now becoming dining destinations in themselves, some with tremendous views of city landmarks.

The newly-refurbished Portrait Restaurant, at the top of the National Portrait Gallery on Trafalgar Square, has amazing views over the city, taking in Nelson's column, the London Eye, the Houses of Parliament and Big Ben. It's a romantic place for a dinner date, with lights twinkling from London's most famous sights.

The food is pretty impressive too, with a fine dining menu of dishes that use local, seasonal and organic ingredients. Starters include Monmouthshire air-dried ham with a fried duck egg; mains including plaice with brown shrimp and lemon and horseradish butter.

During the daytime you can feast on a traditional afternoon tea with sandwiches, home made cakes, biscuits and scones with jam and clotted cream (from about \$30 for two courses, npg.org.uk/live/portrest).

The neighbouring Na-



Left, the newly refurbished Portrait Restaurant at the top of the National Portrait Gallery. Right, the Upper Deck at the London Transport Museum.



tional Gallery is home to 2,300 of the most famous works of Western European art including Van Gogh's Sunflowers — as well as a great restaurant, the National Dining rooms.

This is a relaxed but sophisticated dining experience, with fun twists on typical British dishes using local, seasonal ingredients.

There's a choice of fine dining or the brasserie-style menu in the Bakery with comfort food including beef and ale stew, shepherd's pie, quiches, hot pies, and homemade cakes.

Exotic dishes on the à la carte menu include crab, pea and samphire salad; Newlyn lemon sole with mussels, leeks, sorrel and

wild nettles; and Eton mess or Elderflower posset for desert.

Each month, the chef celebrates a different British county, bringing you fresh produce and classic modern dishes from the region. (from \$9, nationaldiningrooms.co.uk).

For views of a different London icon, dine at the Blueprint Café, the restaurant at the Design Museum where you can watch boats cruise down the Thames and under the majestic Tower Bridge. Follow your visit to an exhibition at the museum about a key design movement, architect or fashion designer with a dinner that celebrates the best of British dining.

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Train trial marks three-year countdown to London Games

RAIL TRAVEL Britain's Olympic organizers marked the three-year countdown to the London 2012 opening ceremony Monday with a first time trial of the train that will ferry spectators between the city center and the Olympic Park.

The Javelin train, which will carry 25,000 spectators per hour during the Games, arrived at Stratford International station, in east London, slightly ahead of schedule, in less than seven minutes.

"All the infrastructure we said we would deliver

for the Games operations as far as transport is concerned is coming to fruition, and by this time next year it will be all completed, well in time for the Games," said Hugh Sumner, director of transport at the Olympic Delivery Authority (ODA), responsible for building the Games' venues and infrastructure. Construction on the Olympic Park, the largest building project in Europe according to organizers, is also on track to be completed ahead of schedule.

REUTERS

Well-curated menus at London's museums

>> Continued from page 11

You know it's an exciting dining experience when there are ingredients on the menu that are so *recherché* that you won't recognize them — the chef here is inspired by historic English and Scottish dishes.

There are also plenty of more straightforward options, from chicken and rabbit pie to grilled loin of Middle White pork, all to be enjoyed as you watch the Docklands and the City of London using the binoculars that you'll find on your dining table (from about \$27 for two courses, blueprintcafe.co.uk).

Another romantic option the restaurant at the Wallace Collection is a good bet. The museum based in a historic London town house has a wonderful collection of French 18th century Old Masters, furniture and porcelain featuring cherubs and elegant ladies in billowing satin frocks.

You'll find the brasserie-style restaurant in the grand, glass-covered courtyard at the heart of the



At the Blueprint Café, the restaurant at London's Design Museum, you can watch boats cruise down the Thames and under the majestic Tower Bridge.

building, where you can have a very affordable salad or terrine for lunch, or splash out on oysters and

caviar (from \$12, wallacecollection.org).

And if you're looking for something more informal, visit the Upper Deck at London Transport Museum in Covent Garden.

After learning how the London Underground was used as a bomb shelter during the Second World War, you can snack on high-quality, typically British bites for lunch including cheese on toast, fish-finger sandwiches with organic ketchup or Cumberland sausage sandwiches, followed by brownies or treacle tart or an Underground-themed smoothie.

Decide to go for dinner in the evening after a hard day of cultural appreciation and you'll be able to chill out on the benches upholstered in a "moquette" fabric design based on the pattern used on the Northern line in the 1930s.

Wash down your dinner with an underground-inspired cocktail including the Routemaster, Anorak or Metropolitan Mixture. (from \$5.50, ltmuseum.co.uk).



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Travel Aug 15 - Aug 22/ac + taxes & fees \$211

Hong Kong \$629
Travel Sep 7 - Sep 21/ua + taxes & fees \$182

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Fallsview Plaza
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New Brunswick

\$369

Rossmount Inn
INCLUDES 2 nights 3-star Saint Andrews-by-the-Sea accom at the historic Rossmount Inn, 2-day car rental with unlimited mileage and marine wildlife & whale watching tour. Departs Fridays July - Sept/ggv. **SAVE \$10*** when you book Air Canada airfare.

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Holidays

Las Vegas 4 Nights

\$368

Excalibur Hotel & Casino
INCLUDES roundtrip airfare and 4 nights 3.5-star accom on the Las Vegas Strip. Departs Aug 11/wsv/wls.

Punta Cana 4-Star

\$542

Occidental Grand Punta Cana
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive junior suite accom. Depart Sep 20/acv/ac.

Morocco 10 Days

\$586

Morocco Sojourn
INCLUDES all accom, local transport, some meals, tour leader and local guides on this 10-day small group tour. **HIGHLIGHTS** Marrakech, Aremd, Ouarzazate, Nakhla, Taliouine, Imouzer, Essaouira and a camel ride. Travel Sep 26/gap.

Cruise Holidays

Western Caribbean 7 Days

\$584

Freedom of the Seas
INCLUDES 7-day Royal Caribbean cruise, onboard meals & entertainment. Sail roundtrip from Port Canaveral and visit Labadee, Ocho Rios, Grand Cayman and Cozumel. Port charges included. Sails Sep 27, 2009.

Alaska 7 Days

\$599

Radiance of the Seas
INCLUDES 7-day Royal Caribbean cruise, onboard meals & entertainment. Sail from Seward to Vancouver cruising the Inside Passage and Sawyer Glacier and visit Ketchikan, Juneau and Skagway. Port charges included. Sail Sep 4, 2009.

Europe Holidays

PARIS 6 NIGHTS

\$919

Novotel Tour Eiffel
INCLUDES roundtrip airfare and 6 nights 4-star central accom located on the River Seine and a few steps away from the Eiffel Tower with breakfast. Departs Sep 3/acv/ac.

London Fly & Rail

\$499

BritRail England FlexiPass
INCLUDES roundtrip airfare and 3-day BritRail Flexi-Pass to explore England at your own pace. Travel Oct 3 - Oct 9/ggv/ts.

Amsterdam Fly & Rail

\$599

Eurail Benelux Pass
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Italy Fly & Rail

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Eurail Italy Pass
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Gardener still Desperate

Jesse Metcalfe is returning to Wisteria Lane — he's reportedly signed up to reprise his role as hunky gardener John Rowland on hit TV show *Desperate Housewives*. **FEMALEFIRST.CO.UK**

13

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

A history of conflict, violence

CHRIS ALEXANDER
for Metro Canada

As a new film about the history of violence in Northern Ireland is about to hit theatres across Canada, tension and riots in the region — The Independent has called it the worse violence in a decade — are again making headlines.

Last week, rioters in north Belfast clashed with police in the newest wave of violence, which comes as the film *Fifty Dead Men Walking* is set to open across Canada.

The volatile life of Irish born Martin McGartland is and epic tale of intrigue that begs for big screen treatment.

McGartland was barely

Movie feature

out of his teens when he fell in with the IRA and, after witnessing their less than kind methods first-hand, decided instead to become an informer for British intelligence, immersing himself in a dangerous and terrifying double existence that he barely lived to tell about.

But tell he did, and McGartland's 1997 autobiography *Fifty Dead Men Walking* has now been turned into a film, written and directed by Canadian filmmaker Kari Skogland (*The Stone Angel*).

The film stars 21's Jim

Sturgess as McGartland and Grindhouse's Rose McGowan as his long suffering — and oblivious — girlfriend. They're two actors who have been cast against type with surprising results.

"That's why I wanted to do it," says Skogland of her off kilter choices.

"I think Jim brings that boyish intensity that I wanted Martin to have for this period in his life and Rose was just fantastic."

Since his cover was blown, the real McGartland has been living in hiding from the IRA since the early '90s, even surviving a recent gunfire attack at his home that many —

Northern conflict

Other films about the conflict in Northern Ireland:

- In The Name of the Father
- Bloody Sunday
- Ryan's Daughter

including Martin — believe was an assassination attempt.

"He will always be in danger," says the filmmaker, "he'll never be able to emerge. I actually never even met him, we had to only have a conversation on the phone because of how perilous the situation is."

And although McGartland's story commands a hot bed of controversy, Skogland is adamant that her film isn't only ground-

**Splitting up**

Just two months after hinting they might be getting married, Kim Kardashian and football player Reggie Bush have called it quits, her rep confirms to *People* magazine. **METRO WORLD NEWS**



Jim Sturgess plays Martin McGartland in *Fifty Dead Men Walking*.

ed in politics. "I used the book as a template to tell a story of

humanity, of an average kid caught in an extraordinary situation."

In brief

CASTING Jon Hamm and Rebecca Hall are starring opposite Ben Affleck in *The Town*, a romantic crime thriller that Affleck also is directing. The project from Warner Bros. and Legendary Pictures is an adaptation of the Chuck Hogan novel *Prince of Thieves*, whose story follows the relationship between a bank manager, the career criminal (Affleck) who stole her heart, and the dedicated FBI agent trying to bust the crook and his gang.

MUSIC Some of the most highly anticipated albums of the summer have been delayed, including Mariah Carey's *Memoirs of an Imperfect Angel*, Sean (Diddy) Combs' *Last Train to Paris* and Lil Wayne's rock and roll album *Rebirth*. Carey's *Memoirs*, first slated for an Aug. 25 release via Island Def Jam, will instead be available Sept. 15, according to the Universal Music Group business-to-business website. **REUTERS**

Kenya's Style**Kenya Hunt**

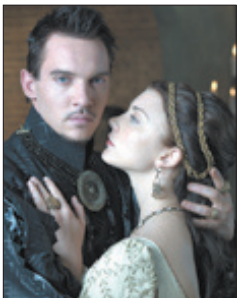
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Life in Cold Blood	The Best of The Agenda	Wipeout (HDTV)	La Petite Séduction (N) (SC)	Marking Time	Carry The life of a carry.	Best-Of-Agenda		
211	331	3	GTV	ET Canada	Entertainment	La Petite Séduction (N) (SC)	America's Got Talent (N)	(9:02) In Plain Sight	The Philanthropist (N)	News		
-	-	5	SRC	Des saquelettes	L'Épicerie (N)	Bons baisers de France (SC)	America's Got Talent (N)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	TJ Ontario		
208	342	6	CHRO	The Road to Avonlea	Old Christine	Gary Unnarr	America's Got Talent (N)	Monk Submarine death.	CBS: NY (HDTV)	Comedy Now		
196	311	7	CTV	Hollywood	So You Think You Can Dance	Top six (N)	The Tudors (DVS)	America's Got Talent (N)	CBS: NY (HDTV)	News		
208	363	8	CBC	Coronation St.	Jeopardy!	Dragon's Den (HDTV)	America's Got Talent (N)	Nos étés (SC)	CBC News: The National	The Hour		
-	360	9	NBC	Wheel-Fortune	Jeopardy!	America's Got Talent	Nos étés (SC)	Oblier Cheyenne (2005, Drama sentimental)	The Philanthropist (N)	News		
117	713	10	TVA	Les Gags	Histoires-filles	Les Gags de la rénovation	Oblier Cheyenne (2005, Drama sentimental)	TVA 22 heures	Suré-salé	Le Mariage		
-	-	11	QS	La Guerre des	10 façons	Entourage	Oblier Cheyenne (2005, Drama sentimental)	(10:03) Un tueur si proche	Call TV	Call TV		
137	763	12	TFO	Panorama été	Esprit	Tout simple	Oblier Cheyenne (2005, Drama sentimental)	(10:03) Un tueur si proche	Folie-aventure	Esprit		
-	362	13	CBS	Dr. Phil	Old Christine	Gary Unnarr	Criminal Minds (HDTV)	CBS: NY (HDTV)	Two/Half Men	King		
216	395	14	OMN2	Raymond	According-Jim	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King	Cold Case		
214	344	15	CITY	Law & Order: SVU	Goode Family	Surviving Sub.	Japanese Game Show	Murdoch Mysteries (HDTV)	News			
115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)	Vivere II	News (N)	The Simpsons	King of the Hill	Metropolis	
218	345	18	EL	The Insider (N)	El News	Psych	D. Richards	Kendra	Kardashians	Candy Girls	News/Eleven	
-	361	20	ABC	Action News	Entertainment	Wipeout (HDTV)	Japanese Game Show	Primitime: Crime	Primitime: Crime	News		
512	396	24	CPAC	Tête-à-tête	Beyond Poli	L'Heure politique	Dossier public	100 Huntley Street	Life Today	This Is Day	John Hagee	
651	355	25	CTS	Little House on the Prairie	Seinfeld	So You Think You Can Dance	Top six (N)	Ascent of Money (DVS)	FOX 2 News (N)	News		
-	365	36	FOX	TMZ (N)	From the Top	Time Team America (N)	So You Think You Can Dance	Top six (N)	Wide Angle (N)	Charlie Rose		
-	64	PBS	Business Rpt.	From the Top	Time Team America (N)	So You Think You Can Dance	Top six (N)	CBS: NY (HDTV)	News			
205	312	104	CTV	Hollywood	Corner Gas	So You Think You Can Dance	Top six (N)	CBS: NY (HDTV)	News			
502	390	26	NW	CBC News	Fortune	The Hour Tim Robbins.	CBC News: The National	Geologic Journey	Geologic Journey	National		
500	500	33	CNN	Lou Dobbs Tonight	Campbell Brown (N)	UFC: Access	MMA Conn	Best Damn Sports Show	Anderson Cooper 360 (HDTV)	MMA Conn		
406	417	27	net	MLB Baseball	Sportsnet Con.	Grands reportages (SC)	Le Téléjournal (SC)	MLS Soccer All Star Game - Everton vs. MLS All-Stars.	Soccer Asia Trophy - Beijing Guo vs. Hull City.	Bounty Hunter		
128	730	28	RDI	24 Heures en 60 minutes	2008 World Series of Poker Main event, from Las Vegas.	MLS Soccer All Star Game - Everton vs. MLS All-Stars.	Soccer Asia Trophy - Beijing Guo vs. Hull City.	Bounty Hunter	Bounty Hunter	Bounty Hunter		
400	280	30	TSN	Interruption	2008 World Series of Poker Main event, from Las Vegas.	MLS Soccer All Star Game - Everton vs. MLS All-Stars.	Soccer Asia Trophy - Beijing Guo vs. Hull City.	Bounty Hunter	Bounty Hunter	Bounty Hunter		
410	440	52	SCR	RaceNight	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter		
411	457	56	OLN	Ghost Hunters	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter		
417	406	59	SC	Pimp My Ride	Pass Time	6TEEN "2-4-1"	Futurama	American Dad	Life Derek	Father of Pride	Moral Ore	
554	544	58	TEL	Jimmy Two	Total Drama	Zack & Cody	Wizards-Place	Survive This	Adrenaline Proj	Falcon Beach	Mystery Hnt.	
557	540	51	FAM	Wizards-Place	Han, Montana	Malcolm-Mid.	Futurama	Celebrity Rehab With Dr. Drew	Gene Simmons	The Daily Fix	Tattoo High.	
551	542	65	YTV	In Real Life "Dirty Jobs"	Ranked!	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter	Bounty Hunter	Bounty Hunter		
570	580	29	MM	The Daily Fix	Ranked!	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter	Bounty Hunter	Bounty Hunter		
615	520	31	A&E	CSI: Miami "Addiction"	UFC Unleashed	The Tiniest Toddlers	I Didn't Know	I Didn't Know	Toddlers & Tiaras (N)	Tiny Toddler		
628	584	32	SPKE	CSI: Crime Scene Invstgtn.	UFC Unleashed	The Tiniest Toddlers	I Didn't Know	I Didn't Know	Toddlers & Tiaras (N)	Tiny Toddler		
521	560	34	TLC	Say Yes-Dress	Cake Boss	Epoque-moi (2000, Drama) Michèle Laroque.	The Guard (HDTV)	Artists & Minds	O'Reagan File	Wingfield	Wingfield	
145	761	35	TV5	La Vie est un cirque	The Guard (HDTV)	Artists & Minds	O'Reagan File	Wingfield	Wingfield	Wingfield		
616	521	39	SHO	The Outer Limits	Artists & Minds	O'Reagan File	Wingfield	Wingfield	Wingfield	Wingfield		
620	523	40	BVO	The Achievers	Bravo/Videos	Mighty Ships "M Resolution"	Deadliest Catch	Reba	Reba	Reba		
520	505	42	DIS	Daily Planet	Project Dad	Home Improve.	Home Improve.	Reba	Reba	Reba		
575	583	43	CMT	Project Dad	Home Improve.	Home Improve.	Home Improve.	Reba	Reba	Reba		
601	562	45	SLC	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
625	548	46	COM	Air Force	22 Minutes	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
524	529	47	TBS	Family Guy	Family Guy	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
600	564	49	H&G	House Hunters	Property Virgin	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
627	528	50	SPC	Stargate Atlantis	(DVS)	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
581	566	53	MTV	MTV Cribs	Nitro Circus	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
618	524	54	TROP	The Crow: Stairway to Heaven	What Happen?	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
522	506	55	HIS	NCIS "Blowback"	Cities of the Underworld	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
129	773	60	CD	Cruauté animale	Légendes urbaines (HDTV)	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash		
261	394	61	V	Murder, She Wrote	Keeping Up	Foot in Grave	Dog Martin	Love It or List It	Love It or List It	Love It or List It		
502	567	62	W	Style by Jury	Friends	Reel Insights	Troubled youth.	Tears	Vitality	Vitality		
269	530	70	APTN	Canadian Geographic	Reel Insights	Troubled youth.	Tears	Vitality	Vitality	Vitality		
621	527	71	TLK	The Ellen DeGeneres Show	TMZ (N)	Hollywood	Canada's Next Top Model	The Next Food Network Star	Opening Soon			
603	561	95	FN	Chef at Home	Fresh-Anna	Restaurant Makeover	Iron Chef America					

critics'corner**The Tudors**

It's Christmastime, and with Katherine (Maria Doyle Kennedy) out of the picture, Anne Boleyn (Natalie Dormer) has some dirt on the lady. On the political front, the king strips England's Catholic Church of its authority ... and its tax revenue. 9 PM on 8 CBC

**In Plain Sight**

This time it's personal. In this new episode, Mary's (Mary McCormack) old nemesis, FBI agent Robert O'Connor (Will McCormack), arrests Brandi (Nichole Hiltz) on drug trafficking, kidnapping and murder charges. Yes, Brandi did get mixed up with a drug dealer a few months back, but the feds shouldn't have anything on her now. Mary has a double mission now: Free her sister and find out why O'Connor seems to be out to get her and her family. 9:02 PM on 3 GTV



Baby for Betty star

Ugly Betty star Ashley Jensen, 38, and her husband, actor Terence Beesley, are expecting their first child in the fall, a rep for the actress confirmed exclusively to People. **METRO NEWS SERVICES**

Celebrity Buzz

Madge love letters for sale

THE PAST COMES BACK Someone's hitting the auction market with love letters Madonna sent to an ex-boyfriend back in the early '90s, according to Page Six.

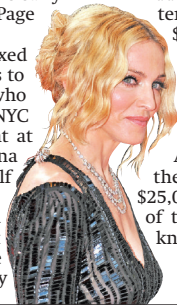
In the letters, faxed from various hotels to James Albright — who was a bouncer at NYC nightclub Limelight at the time — Madonna compliments herself on her figure.

"Just watched the HBO special. It was OK," she wrote in one letter. "My

booty looked good and you should see how good it looks in person. It looks Bootyful!"

Bidding for the letters starts at \$3,000 US, and answering-machine tapes containing messages the singer left for Albright are on the block for \$25,000. The identity of the seller is unknown.

METRO WORLD NEWS



Still Scientologist, John says

DENIAL John Travolta has denied he has abandoned Scientology, femalefirst.co.uk reports. The 55-year-old actor was rumoured to have grown disenchanted with Scientology after the death of his son Jett in January.

But his representative Paul Bloch claims the star's faith is as strong as ever. Bloch told People magazine: "There's no change in the relationship between the Church of Scientology and John. He is a member and it's as it was,

now and forever."

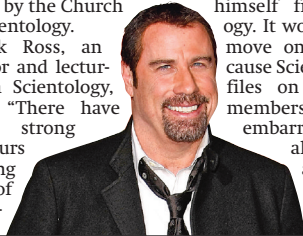
Jett was 16 years old when he died after suffering a seizure in the family's Bahamian holiday home. He was autistic, a condition not recognized by the Church of Scientology.

Rick Ross, an author and lecturer on Scientology, said: "There have been strong rumours coming out of Sci-

tology that John Travolta is disappointed the religion was not able to help his son more.

"I think it would be very difficult for John Travolta at this stage to extricate himself from Scientology. It would be a huge move on his part because Scientology keeps files on its celebrity members containing embarrassing personal information about them."

METRO NEWS SERVICES



Kristen finds her love match

SO HAPPY Kristin Davis and her Sex and the City character, Charlotte, may both have been unlucky in love, but it seems Davis has found a match in celebrity photographer Russell James, people.com reports.

"It's been going on for a bit now," said a source close to the actress. "She's very supportive of him, she seems very happy."

METRO NEWS SERVICES



Tweens: Joe is single again

BAD FOR HIM, GOOD FOR THEM Teen girls, rejoice: Joe Jonas is a single man, usmagazine.com reports. The 19-year-old singer and actress Camilla Belle, 22, have called it quits.

"Yes, it's true," Belle's rep told usmagazine.com. "(Joe and Camil-

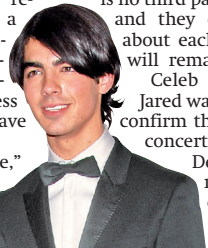
la) have broken up. There is no third party involved and they care deeply about each other and will remain friends."

Celeb blog Just-Jared was the first to confirm the split. At a concert Sunday in Detroit, Jonas reportedly changed the line "Get a

rep for breakin' hearts, now I'm done with superstars" to "Get a rep for breakin' hearts, now I'm done with movie stars."

The two met last year on the set of music video Lovebug. Jonas split with Taylor Swift soon after meeting Belle, but insisted he "never cheated on a girlfriend."

METRO NEWS SERVICES



Rihanna and Chris have run-in?

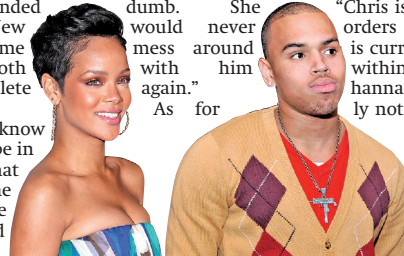
HAIRY SITUATION Rihanna and Chris Brown ended up at the same New York hotel at the same time recently, but both claim it was a complete coincidence.

"Ri didn't even know Chris was going to be in town, much less that he was in the same hotel," a source close to Rihanna told

Gatecrasher. "She's not dumb. She would never mess around with him again." As for

Brown, a source said, "Chris is taking the court orders seriously." Brown is currently not allowed within 50 yards of Rihanna. "He has definitely not tried to see her."

METRO WORLD NEWS



Cameron says 'yes'

IMPULSE DECISION Cameron Diaz has agreed to marry an unknown comic book fan, femalefirst.co.uk reports.

The actress was unexpectedly proposed to while answering questions from fans at the Comic-Con 2009 convention in San Diego.

An unidentified man shouted out to the Hollywood actress: "Will you marry me?"

She answered:

"Yes! Where are you? Why not?"

However, Diaz did have one stipulation for her potential fiancé — that they tie the knot in Las Vegas.

She added: "Can we get married in Vegas? I always wanted to get married in Vegas."

METRO WORLD NEWS



Nude life with the Radcliffe family

REVEALING Actor Daniel Radcliffe didn't mind stripping down for his Broadway show Equus last year. "I grew up always walking around naked," the 20-year-old told British gay magazine Attitude. "I've seen my mom naked, seen my dad naked. I don't actively seek to find them naked but it's never been a particularly big deal."

METRO WORLD NEWS



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K-Fed letting himself go?

WEIGHT Kevin Federline turned heads at a California golfing event Monday, usmagazine.com reports. But it wasn't over his golfing skills; it was over his size.

An employee on the grounds reportedly saw Federline, lounging on the patio with drinks and cigarettes, and remarked, "Man, that's a belly on him! That's K-Fed?"

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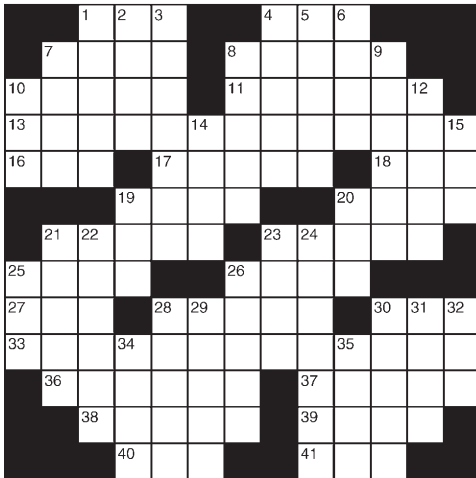
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Take Five



ACROSS

- 1 Shell-game need
- 4 Whale group
- 7 Family
- 8 Less believable, as an excuse
- 10 With eyes wide open
- 11 Islands near Portugal
- 13 Government official
- 16 Links prop
- 17 Search
- 18 Cattle call?
- 19 Perry Mason portrayer
- 20 Ponce de —
- 21 Enticed
- 23 Clever
- 25 Spanish appetizer
- 26 De-bag the cat?
- 27 Perch
- 28 Baby's ailment
- 30 Commotion
- 33 Tina Turner hit
- 36 Injure
- 37 Doha's country

- 38 Knock—
- 39 Fairy tale preposition
- 40 Screw up
- 41 Always, in verse

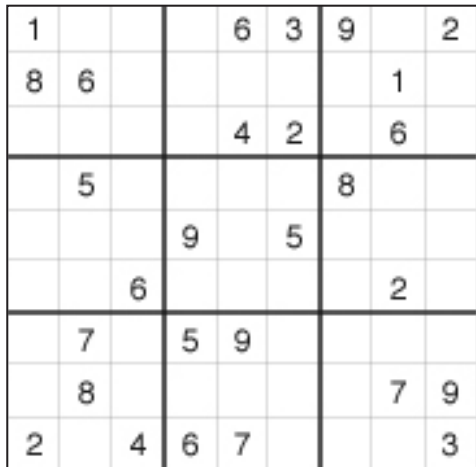
DOWN

- 1 West Point freshman
- 2 "My Name Is —"
- 3 It's nothing new
- 4 Stares
- 5 Lifeless, old-style
- 6 TV mogul Grif-fin
- 7 Fingerprint, of-ten
- 8 "Star Wars" weapon
- 9 Hole-shaping tool
- 10 Suitable
- 12 Beezer
- 14 It gets in the whey
- 15 Heavy weight
- 19 Underwear with underwire
- 20 Science work-
- shop
- 21 Dens
- 22 Increase
- 23 Lost traction
- 24 Rhesus mon-key
- 25 1/6 fl. oz.
- 26 Run, as colours
- 28 Supply the food
- 29 Different
- 30 Thespian
- 31 Campus bigwig
- 32 Bobby of hock-ey
- 34 Barn-roof attachment
- 35 Scruff

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

T	B	S	P	U	T	E	S	I	G	H
R	E	A	R	N	R	A	U	L	N	A
A	L	G	A	W	O	R	D	P	L	A
P	L	A	Y	B	O	Y	R	E	S	T
E	O	N	M	A	R					
R	E	T	R	O	B	O	Y	B	A	N
O	R	E	D	I	P	X	N	E	O	
B	A	N	D	B	O	X	F	A	I	T
A	L	E	M	O	B					
U	L	T	R	A	B	O	X	S	E	A
S	E	A	T	B	E	L	T	O	L	I
P	A	L	E	G	E	E	R	R	U	D
S	P	E	D	O	W	L	B	L	E	D

2	3	6	4	1	5	7	9	8
7	8	1	2	9	3	5	6	4
5	9	4	6	8	7	2	1	3
6	4	5	8	2	1	9	3	7
8	2	9	3	7	6	4	5	1
3	1	7	5	4	9	8	2	6
4	6	8	9	3	2	1	7	5
9	7	3	1	5	4	6	8	2
1	5	2	7	6	8	3	4	9

On the web

Find more games to play + more cartoons by the Six Chix at metronews.ca



Metro Recipe of the Day



Chicken, Avocado and Alfalfa Club

INGREDIENTS:

- 1 1/2 tbsp (20 ml) lime juice
- 1 tsp (5 ml) olive oil
- 1/2 red onion, very thinly sliced
- 1/2 avocado
- Dash of Tabasco or chili sauce
- 2 tbsp (25 ml) light mayonnaise
- 2 tbsp (25 ml) chopped cilantro
- 6 slices whole wheat bread
- 6 oz (175 g) cooked, skinless chicken breast fillet, sliced
- 2 tomatoes, thinly sliced
- 3/4 cup (175 ml) alfalfa sprouts

1. Whisk together 2 tsp (10 ml) lime juice, olive oil and a little pepper in small bowl. Add onion slices and toss to coat. Set aside to allow onion to mellow in flavour while you prepare remaining ingredients.
2. Roughly mash avocado with fork. Add remaining lime juice and Tabasco or chili sauce to taste, and carry on mashing until mixture is fairly smooth. Mix mayonnaise with

3. Toast bread until lightly browned.
4. Spread two slices of toast thinly with mayonnaise, then spread with half the mashed avocado, dividing equally. Top with chicken and onion slices. Spread another two slices of toast very thinly with mayonnaise, then place over chicken filling, mayonnaise-side down. Spread half remaining mayonnaise thinly over tops of sandwiches. Spread with remaining avocado, then add layer of sliced tomatoes and sprouts.
5. Finally, spread last of mayonnaise over last two slices of toast and place on sandwiches, mayonnaise-side down. Press sandwiches together, then cut each in half. Serve immediately.

SERVES 2



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20
Cosmic activity in your fellow Fire sign of Leo means you not only have enough energy to get things done for yourself but for other people as well.

LIBRA

SEPT 23-OCT 23
It seems that someone in a position of power is beginning to recognize that you are more than just another pretty face.

TAURUS

APRIL 21-MAY 21
It may seem as if the odds are stacked against you but really they're not — it's just an illusion brought about by too narrow a focus.

SCORPIO

OCT 24-NOV 22
You may be ambitious by nature but you need to be ambitious about something that is genuinely worthy of your time and your energy.

GEMINI

MAY 22-JUNE 21
You're not much in the mood for serious things at the moment, and that's just as well because there will be no end of opportunities for fun.

SAGITTARIUS

NOV 23-DEC 21
You like to be noticed but don't get carried away or you might be noticed for something that has a harmful effect on your career or reputation.

CANCER

JUNE 22-JULY 22
Aim to balance your pursuit of financial stability with something of an intellectual, emotional or even a spiritual nature.

CAPRICORN

DEC 22-JAN 20
The Sun's transit of the wealth sector of your chart means it will pay you in the long-term to be a little less independent in the short-term.

LEO

JULY 23-AUG 23
Set your sights high today, and for the remainder of the week, but not so high that you risk failure or exhaustion, or both.

AQUARIUS

JAN 21-FEB 18
You may be under pressure at the moment but it will bring out the best in you. You could make things easier for yourself by not taking life so seriously.

VIRGO

AUG 24-SEPT 22
Keep what you have discovered about a friend or family member to yourself today, especially if it is the kind of knowledge that could cause trouble.

PISCES

FEB 19-MARCH 20
You may have deadlines to meet and tasks to complete but make time for other things too.

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It is important to note that the above results are based on the assumption that the data are stationary. If the data are non-stationary, the results may be biased. Therefore, it is important to test for stationarity before using the above methods.

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